



"Julie is a great listener, an empathic person and professionally highly competent. She's got a way of keeping the whole process on a very positive basis, with just the right amount of humour".

How Coaching Can Make a Difference

Recent Assignments

-

Coaching Specialisms

- Team Coaching
- Leading Change
- Building Collaborative Cultures
- Individual Coaching with Leaders
- Conflict Resolution
- Depth Coaching – releasing individuals' full potential by resolving deeper blocks to performance and relationship building

Business Experience

- 25 years' experience in coaching leaders, middle managers and teams in a range of sectors including; Manufacturing, Steel, Construction; Printing; Law Firms; NHS and private medicine
- Also coaching on Leadership development programs: e.g. high potential managers in British Steel and continuing in TaTa Steel, Intercontinental Hotels; and Dell
- Coaching on Leadership Development Programs in the Centre for Creative Leadership, New England, USA at the beginning of my career (1991)

Qualifications and Accreditation

- Certificate in Business Coaching accredited by the ICF, International Coaching Federation
- Chartered Psychologist – British Psychological Society, BPS
- Qualified in MBTI, Insights, FiroB, and CPI (California Psychological Inventory)
- DPhil (Oxon) In Experimental Psychology Magdalen College Oxford
- MPhil Clinical Psychology Institute of Psychiatry London